

## Health and Wellbeing Board

**Thursday 16 April 2026 at 6.00 pm**

Conference Hall - Brent Civic Centre, Engineers Way,  
Wembley, HA9 0FJ

Please note this meeting will be held as an in person meeting which all Board members will be required to attend in person.

**The meeting will be open for the press and public to attend. Alternatively, the meeting can be followed via the live webcast [HERE](#).**

### Membership:

Councillor Nerva (Chair)	Brent Council
Rammya Mathew (Vice-Chair)	GP / Primary Care
Councillor Donnelly-Jackson	Brent Council
Councillor Grahl	Brent Council
Councillor Knight	Brent Council
Councillor Kansagra	Brent Council
Robyn Doran	Brent Integrated Care Partnership Executive
Simon Crawford	Brent Integrated Care Partnership Executive
Jackie Allain	Brent Integrated Care Partnership Executive
Gina Aston	Healthwatch
Vacancy	Residential and Nursing Care Sector
Rachel Crossley	Brent Council - Non-Voting
Kim Wright	Brent Council - Non-Voting
Nigel Chapman	Brent Council - Non-Voting
Ruth Du Plessis	Brent Council - Non-Voting
Claudia Brown	Brent Council - Non-Voting

### Substitute Members (Brent Councillors)

Councillors:

M Butt, M Patel, Krupa Sheth and Vacancy

Councillors:

Hirani and Mistry

**For further information contact:** Hannah O'Brien, Senior Governance Officer  
Tel: 020 8937 1339; Email: [hannah.o'brien@brent.gov.uk](mailto:hannah.o'brien@brent.gov.uk)

For electronic copies of minutes, reports and agendas, and to be alerted when the minutes of this meeting have been published visit: [\*\*www.brent.gov.uk/democracy\*\*](http://www.brent.gov.uk/democracy)

### **Notes for Members - Declarations of Interest:**

If a Member is aware they have a Disclosable Pecuniary Interest\* in an item of business, they must declare its existence and nature at the start of the meeting or when it becomes apparent and must leave the room without participating in discussion of the item.

If a Member is aware they have a Personal Interest\*\* in an item of business, they must declare its existence and nature at the start of the meeting or when it becomes apparent.

If the Personal Interest is also significant enough to affect your judgement of a public interest and either it affects a financial position or relates to a regulatory matter then after disclosing the interest to the meeting the Member must leave the room without participating in discussion of the item, except that they may first make representations, answer questions or give evidence relating to the matter, provided that the public are allowed to attend the meeting for those purposes.

### **\*Disclosable Pecuniary Interests:**

- (a) **Employment, etc.** - Any employment, office, trade, profession or vocation carried on for profit gain.
- (b) **Sponsorship** - Any payment or other financial benefit in respect of expenses in carrying out duties as a member, or of election; including from a trade union.
- (c) **Contracts** - Any current contract for goods, services or works, between the Councillors or their partner (or a body in which one has a beneficial interest) and the council.
- (d) **Land** - Any beneficial interest in land which is within the council's area.
- (e) **Licences**- Any licence to occupy land in the council's area for a month or longer.
- (f) **Corporate tenancies** - Any tenancy between the council and a body in which the Councillor or their partner have a beneficial interest.
- (g) **Securities** - Any beneficial interest in securities of a body which has a place of business or land in the council's area, if the total nominal value of the securities exceeds £25,000 or one hundredth of the total issued share capital of that body or of any one class of its issued share capital.

### **\*\*Personal Interests:**

The business relates to or affects:

- (a) Anybody of which you are a member or in a position of general control or management, and:
  - To which you are appointed by the council;
  - which exercises functions of a public nature;
  - which is directed is to charitable purposes;
  - whose principal purposes include the influence of public opinion or policy (including a political party or trade union).
- (b) The interests a of a person from whom you have received gifts or hospitality of at least £50 as a member in the municipal year;

or

A decision in relation to that business might reasonably be regarded as affecting the well-being or financial position of:

- You yourself;
- a member of your family or your friend or any person with whom you have a close association or any person or body who is the subject of a registrable personal interest.
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# Agenda

Introductions, if appropriate.

Item	Page
<b>1 Apologies for absence and clarification of alternate members</b>	
For Members of the Board to note any apologies for absence.	
<b>2 Declarations of Interest</b>	
Members are invited to declare at this stage of the meeting, the nature and existence of any relevant disclosable pecuniary or personal interests in the items on this agenda and to specify the item(s) to which they relate.	
<b>3 Minutes of the previous meeting</b>	1 - 10
To approve as a correct record, the attached minutes of the previous meeting held on 29 January 2026.	
<b>4 Matters arising (if any)</b>	
To consider any matters arising from the minutes of the previous meeting.	
<b>5 Age Friendly Group Progress Update</b>	11 - 30
To provide an update on the development of Age-Friendly Brent, a borough-wide, resident-led initiative aimed at improving the quality of life for older people.	
<b>6 Children and Young People Services Updates</b>	
a) <u>Brent ICP Mental Health and Wellbeing Exec Group Progress Update</u>	31 - 36
To provide an update on the newly designed and commissioned emotional wellbeing and mental health support offer for children and young people in Brent.	
b) <u>Brent Children's Trust Progress Update</u>	37 - 50
To provide an update on the Brent Children's Trust (BCT) work programme covering the period November 2025 to April 2026.	

**7 Brent Food Strategy**

51 - 112

To present the first draft of a new Food Strategy for Brent, fulfilling commitment 1.1 of the Joint Health and Wellbeing Strategy.

**8 Proposal to refresh the Brent Health and Wellbeing Board Terms of Reference** 113 - 120

To propose amendments to the Brent Health and Wellbeing Board Terms of Reference to allow relevant Council Directors to be included as voting members.

**9 Health and Wellbeing Board Forward Look**

To discuss and agree any future agenda items for the Health and Wellbeing Board.

**10 Any other urgent business**

Notice of items to be raised under this heading must be given in writing to the Deputy Director – Democratic and Corporate Governance or their representative before the meeting in accordance with Standing Order 60.

**Date of the next meeting: to be confirmed**